

PRESS RELEASE

For Immediate Release

Contact: Renata Marie Vestevich

Phone: 800-589-0039

Mobile: 586-438-1778

Email: info@grantmemyfinalwish.com

Website: <http://www.grantmemyfinalwish.com>

NEW BOOK MAKES SAYING GOOD-BYE EASIER FOR LOVED ONES

Living is what we do and how we do it. Somewhere along the way death meets us all, but what matters to those we leave behind is how we lived, who we were and what was important in our lives. A new book now available helps surviving friends and family members find answers to some very difficult questions, and addresses perhaps the most significant issue of all: What were my loved one's final wishes?

Recently a great deal of attention has been given to end-of-life issues. Terri Schiavo's prolonged illness and the subsequent controversy over her passing provides a dramatic example. Consequently, many people are thinking about living wills, legal medical directives and other means of expressing their desires to their loved ones.

Still, for most people, thinking about or discussing death invariably creates some discomfort and fear. Understanding this visceral reaction to the subject, the author of *Grant Me My Final Wish: A Personal Journal to Simplify Life's Inevitable Journey* compassionately and gently guides the reader through the practicalities of the emotional, social, medical, financial and legal matters that will need to be addressed. In this journal, readers can express their preferences and give those they leave behind the answers to vital questions that may arise.

Knowing that one's important final wishes have been documented can bring a profound sense of comfort and peace of mind. Most of all, *Grant Me My Final Wish* is a celebration of a life well lived. It can be filled with photos, keepsakes, and fond memories, creating an enduring family legacy to be shared with loved ones and friends.

Grant Me My Final Wish is available on-line through Amazon.com, Barnes & Noble and Borders, at bookstores and from the publisher, Bella Vita Books, 1265 Water Cliff Drive, Bloomfield Hills, MI 48302. Credit card orders can also be submitted by phone, toll-free, to 800-589-0039 or by Fax to 248-645-0311. Retail price is \$24.95 plus shipping/handling.

For more information visit: www.grantmemyfinalwish.com

###